



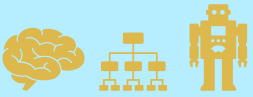

















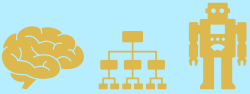




	Factors to Consider	My Experience
Physiological 	<ul style="list-style-type: none"> • Sleep • Nourishment <ul style="list-style-type: none"> • Water, caloric intake • Quantity, quality • Health <ul style="list-style-type: none"> • Illness, allergy, injury 	
Interoception 	<ul style="list-style-type: none"> • Perception of Hunger • Perception of Pain • Perception of Arousal/Energy • Perception of Emotion • Perception of Needing to go to Bathroom 	
Sensory 	<ul style="list-style-type: none"> • Hypersensitivities / Hypo-sensitivities <ul style="list-style-type: none"> • Sound, smell, taste, touch, visual, spatial, vestibular, proprioceptive • Preference for Seeking or Avoiding Sensory Input <ul style="list-style-type: none"> • Frequency, intensity, time, type 	
Motor 	<ul style="list-style-type: none"> • Muscle Tone • Coordination/ Strength/ Endurance • Bodily / Spatial Awareness • Use of Mobility Support / Device • Preference for Movement 	
Cognitive 	<ul style="list-style-type: none"> • Executive Functioning Abilities <ul style="list-style-type: none"> • Decision-making • Processing and learning style • Prior Experience / Interests • Social Understanding • Reliance on Routine/ Predictability 	
Communication 	<ul style="list-style-type: none"> • Receptive Communication Abilities/Mean <ul style="list-style-type: none"> • Non-verbal, symbolic • Expressive Communication Abilities/Mean <ul style="list-style-type: none"> • Non-verbal, symbolic 	
Social 	<ul style="list-style-type: none"> • Social motivation • Preferred social partners (may be specific or general - e.g., sibling, older kids, younger kids, those with shared interests, etc.) 	

	Factors to Consider	Activity Characteristics
Physiological 	<div style="border: 1px solid black; padding: 5px;"> Overall Energy Level Associated with Successful Participation in the the Activity </div>	Physiological considerations for activity:
Interoception 		Are there interoceptive processes critical to the activity or that could influence engagement?
Sensory 	<ul style="list-style-type: none"> • Sensory Qualities of Activity • Characteristic Inputs: <ul style="list-style-type: none"> • Sound, smell, taste, touch, visual, spatial, vestibular, proprioceptive • Frequency, Intensity, & Duration of Inputs 	
Motor 	<ul style="list-style-type: none"> • Motor Demands of Activity • Strength/Endurance/Coordination • Fine Motor / Gross Motor 	
Cognitive 	<ul style="list-style-type: none"> • Executive Functioning Requirements of Activity • Familiarity / Predictability/ Prior Experience • Purpose of task/activity is explicit • Emotional Memory 	
Communication 	<ul style="list-style-type: none"> • Communicative Expectations of Activity • Expressive & Receptive Mode(s) of Communication Used by Partners • Access to Augmentative Communication Systems 	
Social 	<ul style="list-style-type: none"> • Social Expectations of Activity • Social Complexity • Clarity of Roles 	

	Factors to Consider	Environmental Characteristics
Physiological 	<div style="border: 1px solid black; padding: 5px;"> Overall Energy Level Associated Engaging in the Environment </div>	Physiological considerations for environment and natural supports:
Interoception 		Are there interoceptive processes critical to interacting within this environment and engaging?
Sensory 	<ul style="list-style-type: none"> • Sensory Qualities of Environment • Characteristic Inputs: <ul style="list-style-type: none"> • Sound, smell, taste, touch, visual, spatial, vestibular, proprioceptive • Frequency, Intensity, & Duration of Inputs 	
Motor 	<ul style="list-style-type: none"> • Physical Layout of Environment • Accessibility 	
Cognitive 	<ul style="list-style-type: none"> • Familiarity of Environment • Predictability of Environment • Emotional Memories Tied to Environment 	
Communication 	<ul style="list-style-type: none"> • Access to Augmentative Communication Systems • Interactive Demands (e.g., face to face, virtual, verbal, visually supported, etc) 	
Social 	<ul style="list-style-type: none"> • Social Expectations of Activity • Social Complexity • Clarity of Roles 	

	My Experience	Environmental Characteristics	Activity Characteristics	Matches and Mismatches
<p>Physiological</p> 		<p>Physiological considerations for environment and natural supports:</p> <p>-</p>	<p>Physiological considerations for activity:</p> <p>-</p>	
<p>Interoception</p> 	-	<p>Are there interoceptive processes critical to interacting within this environment and engaging?</p> <p>-</p>	<p>Are there interoceptive processes critical to the activity or that could influence engagement?</p> <p>-</p>	
<p>Sensory</p> 	-			

	My Experience	Environmental Characteristics	Activity Characteristics	Matches and Mismatches
Motor 				
Cognitive 				
Communication 				

	My Experience	Environmental Characteristics	Activity Characteristics	Matches and Mismatches
Social 				

Strategies for partners and accommodations needed for activity / environment:

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Tools and resources available / other important notes:

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Strategies for the individual (see Regulatory 2.0):

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